Listen, Look and Think (audiotape):  
A Self-Regulation Program for Children

The program is designed to improve classroom behaviors of children with self-control problems. The Listen, Look and Think program relies on the child to monitor his/her own behavior and generally requires less teacher time to administer. It is an effective tool to help children manage attention and on-task behavior in both regular and special education settings for elementary and middle school age youngsters.

Includes the Listen, Look and Think manual, continuous play signaling tape and a pad of self-recording forms.